



Southend High School for Girls

AN ACADEMY GRAMMAR SCHOOL

Southchurch Boulevard, Southend-on-Sea, SS2 4UZ

Headteacher: Mr J Carey MEd (Cantab), BA (Hons), LLE, NPQEL

Friday 13th May 2022

Dear Parents, Carers and Students,

Please find below information and updates from this week.

Mental Health Awareness Week

As part of Mental Health Awareness week all forms have been talking about Mental Health in registration. The theme of Mental Health Awareness week for 2022 was loneliness - the experience of feeling lonely, its effect on our mental health and how we can play a part in reducing loneliness in our communities. Thinking about friendships, relationships and support systems, students worked on thinking about how best to support others, and self-care strategies to employ if they ever feel lonely.

Youth Health Champions

On Wednesday 11th May and Thursday 12th May, Miss Marcel took nine Year 9s to the Tickfield Centre to train and become the school's youth health champions. They will be meeting with me to discuss health campaigns they would like to run throughout the school in the summer term and next year. On Thursday they had the privilege to speak to Krishna Ramkhelawon, Director of Public Health Southend.

Year 11 Last Day

Year 11 celebrated their last day of middle school in the SHSG traditional style of decorating their blazers. There were form awards and activities, performances, quizzes, musical performances, and pizza!

It was a wonderful last morning in school for them. We wish Year 11 good luck with their revision and GCSEs and look forward to seeing them at the Prom, and welcoming them back into sixth form in September.



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Attendance

Congratulations to Lilly D and Justine L in year 11 who have achieved 100% attendance throughout their time at SHSG. This is an impressive achievement, especially in light of the recent pandemic. They were presented with a certificate in the final assembly today.

Tassomai Exam preparation for Year 11

After the huge success of the Easter Live Lessons, Tassomai have decided to extend these throughout May. They are free for students to book [here](#) and include recordings of the previous live lessons. Tassomai have also launched a brief guide for students as an effective revision tool. Please find information about this [here](#). Good luck with your revision Year 11.

MFL orals

Well done to all students undertaking their MFL speaking exams over the past two weeks. Thank you to staff involved for their help and continued support.

PE News

Anna S in Year 10 and Ana De Mendonca in Year 7 reached the National Schools Snow Sports Dry Slope Ski Championships, which was held on Friday 6th May in Swadlincote. They skied hard on both of their runs, achieving 2nd place for SHSG overall in the senior competition. Anna S, won the U16 females and was also the overall fastest female. Well done on this fantastic achievement!

Geographical Association Conference

During the Easter Holidays, Dhvani and Ishita spoke as part of a lecture that Mrs Robinson was giving on Children's geographies which took place at the University of Surrey. This is the first time ever that students have spoken at this conference, and they presented in the main lecture hall to educators from all levels, including people watching on live streams across the world. This was a fabulous experience and achievement. Well done!



Year 13 Last Day reminder

A reminder that Year 13's last day is Friday 20th May 2022. We hope they enjoy the celebrations that have been arranged and enjoy their last week in school before they are on study leave. We wish them every success with their revision and A Levels.

Key Dates

The calendar on our website is regularly updated and contains key dates of activities and events that are taking place in school. A full list can be found [here](#).

Have a lovely weekend.

Yours faithfully,

Jason Carey
Headteacher