



## Sports day Monday 18<sup>th</sup> July

### Student Instructions

#### **What should I wear?**

Any student competing in sports day must wear school PE kit. You can come into school in your PE kit and remain in PE kit all day. This year when competing, you will be given a bib with your house colour on so **YOU WILL NOT WEAR HOUSE COLOURED T-SHIRTS.**

Students that are not competing will wear school uniform.

All students (whether they are competing or not) are allowed to wear face paint in their house colour. This must not be applied to any other part of the body.

#### **When can I spectate for events taking place?**

When spectating, students must do this from their House area, which will be signposted. When making your way to your House area, **you must go around the outside of the track, not across it.**

When spectating students must bring with them:

- Multiple water bottles that have been refilled at break (year 12) and at lunch (year 7-10). You might want to consider freezing a bottle of water the night before so it is still cold.
- Sunscreen
- A hat / umbrella

#### ***Year 12 Students:***

Events will take place throughout period 1, 2 and 3. During **period 3**, dependent on what class teachers have planned for the lesson, they may take their class outside to spectate. **This is at the class teacher's discretion.** You must first go to your lesson to be registered even if the class teacher has said you'll be able to spectate. If you have a Supervised Study P3, you must go to the lesson to register and can then go to the field to spectate if you wish. If you are free P3 you can go to the field to spectate without registering.

#### ***Year 7 and 8 Students:***

Events for year 7 and 8 will take place period 4. You must first go to your P4 lesson to register. You will then leave your bags in your period 4 room and your teacher will bring you to the school field to spectate. Your teacher will escort you back to your classroom towards the end of P4 to collect your bag. You will then go to your period 5 lesson as normal.

#### ***Year 9 and 10 Students:***

Events for year 9 and 10 will take place period 5. You must go to your P4 lesson as normal. At the start of P5 you must first go to your lesson to register. You will then leave your bags in your P5 room and your teacher will bring you to the school field to spectate. Your teacher will escort you back to your classroom towards the end of P5. You will be dismissed from P5 by your class teacher at 3.30pm as usual.

### **What do I do if I'm competing?**

If you are competing in a field event you must report to that event area 15 minutes before the scheduled start time. If you are competing in a track event then you must go to the marshalling area (top of the 100m) when your event is called for over the PA system. If you have a track and field clash then you must prioritise the track. Send a friend to the field event judge and inform them that you will attend as soon as you're finished on the track. If you have a field/field clash then please marshall at both and let one official know that you will be late.

If you are due to compete in a track event during period 1, 2 and 3 then you must be out on the field 15 minutes before the scheduled start time.

Be aware that the running order during period 3 does not entirely run chronologically because of the field and track mix so check through all the events carefully for timing information.

### **What if I have a PE lesson in the morning?**

9B1 period 1 will not have a practical PE lesson and will go straight to Room 2 for cover work with an ILS.

9B2 period 1 will not have a practical PE lesson and will go straight to Room 3 for cover work with an ILS.

7A1 period 3 will not have a practical PE lesson and will go straight to M1 for cover work with an ILS.

7A2 period 3 will not have a practical PE lesson and will go straight to M3 for cover work with an ILS.

You will not need PE kit unless you are competing in Sports Day.

### **What if I have a PE lesson P4 or P5?**

8B1 and 8B2 have PE period 4. Please go to the sports hall at the start of period 4 where the PSO team will register you, before you join your house area. You must leave your bags in the sports hall and just bring your water with you.

10Y1, 10Y2 and 10Y3 have PE period 5. Please go to the sports hall at the start of period 5 where the PSO team will register you. You will then make your way to your House area. Please leave your bags in the sports hall and only take your water etc.

### **When are the hurdles events?**

The Hurdles events will take place on Thursday 14<sup>th</sup> at 12.40pm.