



Southend High School for Girls

AN ACADEMY GRAMMAR SCHOOL



SHSG School Day

08:30 The school day starts

08:35 – 08:55 Tutor Registration

09:00 – 10:00 PERIOD 1

10:00 – 10:05 Movement Time

10:05 – 11:05 PERIOD 2

11:05 – 11:25 Break

11:25 – 12:25 PERIOD 3

12:25 – 13:25 LUNCH

13:25 – 14:25 PERIOD 4

14:25 – 14:30 Movement Time

14:30 – 15:30 PERIOD 5

15:30 End of school



The school week consists of 32.5 hours for students.

This includes breaks and lunch times as well as teaching time.

It does not include optional before or after school provision.