**Psychology Wider Reading Guide**

During each topic you will be expected to complete some wider reading that requires you to go above and beyond the content taught within the course. This development of your wider understanding is good practice for your life beyond 6th Form, whether at university or in the workplace. It will also develop your understanding of the course content by providing a clearer picture of the context in which the topics feature. This, in turn, puts you in a better position to perform well in exams.

To evidence your wider reading, take detailed notes and summarise what you have read, watched or listened to. Where you can, link to the topics within our specification, but you may just engage with material that you find interesting. Be ready to feedback on this within Psychology lessons so keep your wider reading notes in your folder in a separate and easily identifiable section. Record which content you have focused on in the table at the back of this booklet and aim to complete a variety of tasks throughout your studies – reading, watching, and listening – so you develop a variety of skills. Evidence that you are completing this will be checked during folder check weeks.

Some ideas to start you off are listed in this booklet and there are examples of wider reading articles will be posted on MS Teams in the extra-curricular careers channel. This is only a guideline so please look wider to find your own as well and share them with your peers and teachers. This is your opportunity to shape your studies to suit your areas of interest.

**General**

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| **Read** | **Watch** | **Listen** |
| Classic Case Studies in Psychology - Dr Geoff Rolls | Child of Our Time - BBC Documentary | The Psychology Podcast |
| Opening Skinner’s Box - Lauren Slater | Secret Life of 4, 5 and 6 year olds – Channel 4 Documentary | All in the Mind Podcast - [https://www.bbc.co.uk/ programmes/b006qxx9/episodes/guide](https://www.bbc.co.uk/%20programmes/b006qxx9/episodes/guide) |
| Introducing Psychology – Nigel Benson | Old People’s Home for 4 Year Olds – Channel 4 Documentary | PsychCrunch Podcast |
| Adapt: Why success always starts with failure – Tim Harford | Inception (movie) | Mind Changers – Radio 4 |
| Say It With Confidence – Sarah Sutton | The Parkinson’s Drug Trial: A miracle cure? BBC Documentary |  |
| 50 Ideas You Really Need to Know: Psychology – Adrian Furnham | The Experimenter (movie) |  |
| A Beginner’s Guide to Being Mental: An A-Z – Natasha Devon | Why do people join Cults? Janja Lalich (TED Talk) |  |
| Born Liars – Ian Leslie | Crash Course Psychology (Youtube) |  |

**Approaches**

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| **Read** | **Watch** | **Listen** |
| The Interpretation of Murder - Jed Rubenfeld | 3 ways to Make Better Decisions – by thinking like a computer – Tom Griffiths (TED Talk) | The Psychology Podcast – Solving the Mysteries of Consciousness, Free Will and God |
| Introducing Freud – Richard Appignanesi & Oscar Zarate | The Sibling Bond – Jeffrey Kluger (TED Talk) | The Psychology Podcast - Humanism, Enlightenment and Progress |
| Introducing Learning & Memory | Supernanny – Channel 4 Documentary | The Psych Files Podcast – Evolutionary Psychology |
| Walden Two – B.F. Skinner | A Dangerous Method (movie) |  |

**Biopsychology**

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| **Read** | **Watch** | **Listen** |
| The man who mistook his wife for a hat – Oliver Sacks | How your brain decides what is beautiful – Anja Chatterjee (TED Talk) | My Head – James Piercy (BBC Radio 4) |
| Welcome to Your Brain - Sandra Aamodt & Sam Wang | What we’re learning from 5000 brains – Read Montague (TED Talk) | The Psychology Podcast – How DNA Makes Us Who We Are |
| Born Liars – Ian Leslie | Know thyself, with a brain scanner – Ariel Garten (TED Talk) |  |
| Reaching down the Rabbit Hole | The Brain: A Secret History – Michael Mosley (Documentary) |  |
|  | Sleepwalkers – Secrets of the Night (Documentary) |  |
|  | Why can’t we sleep – ITV Documentary |  |

**Memory**

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| **Read** | **Watch** | **Listen** |
| Still Alice – Lisa Genova | How your ‘working memory’ makes sense of the world – Peter Doolittle (TED Talk) | All in the Mind Podcast – Memory and Identity |
| Patient HM: A Story of Memory, Madness and Family Secrets – Luke Dittrich | How reliable is your memory? Elizabeth Loftus (TED Talk) | All in the Mind Podcast – A Highly Superior Memory |
| Moonwalking with Einstein – Joshua Foer | Why eyewitnesses get it wrong – Scott Fraser (TED Talk) |  |
| Introducing Learning & Memory | Unlocking the secrets of our memory (Documentary) |  |
| Forever Today -Deborah Wearing (wife of Clive) | 50 First Dates (movie) |  |

**Attachment**

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| **Read** | **Watch** | **Listen** |
| King Solomon’s Ring – Konrad Lorenz | The tragedy of orphanages – Georgette Mulheir (TED Talk) | The Psychology Podcast – The Latest Science of Attachment |
| Why Koko the Gorilla mattered – Douglas Main (National Geographic) | Child Full of Rage (Documentary) |  |
| A review of attachment theory in the context of adolescent parenting - Flaherty & Sadler (2011) | The Troubled Child (movie) |  |
| Attachment in Common Sense and Doodles – Miriam Silver |  |  |
| The Perils of Attachment Parenting – Emma Jenner (The Atlantic) |  |  |

**Social Influence**

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| **Read** | **Watch** | **Listen** |
| The Lucifer Effect – Philip Zimbardo | The Psychology of Evil – Philip Zimbardo (TED Talk) | The Dangerous History Podcast – The Psychology of Power and Obedience |
| 1984 – George Orwell | 12 Angry Men (movie) |  |
| Behind the shock machine – Gina Perry | BBC Prison Study (Documentary) |  |
|  | The Stanford Prison Experiment (Movie) |  |

**Psychopathology**

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| **Read** | **Watch** | **Listen** |
| The boy who couldn’t stop washing - Judith Rapoport | Depressed dogs and cats with OCD – what animal madness means for us humans – Laurel Braitman (TED Talk) | All in the Mind Podcast – Preventing suicides |
| One Flew Over the Cuckoos Nest - Ken Kesey | Ruby Wax Ma Confessions documentary (on youtube) |  |
| Counselling for Toads – Robert de Board | The man who loved the number 12 (documentary) |  |
| Sybil – Flora Reita Schreiber | Side Effects (movie) |  |
| House Rules – Jodi Picoult | Shutter Island (movie) |  |
| The curious incident of the dog in the night – Mark Haddon | Stephen Fry: The Secret Life of a Manic depressive (documentary) |  |
|  | Social Anxiety: Afraid of People (documentary) |  |

**Relationships**

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| **Read** | **Watch** | **Listen** |
| The Road Less travelled – M Scott Peck | How the internet enables intimacy – Stefana Broadbent (TED Talk) | Psychology of Attractiveness Podcast |
| The Rosie Project – Graeme Simison | The Brain in Love – Helen Fisher (TED Talk) |  |
|  | About Time (movie) |  |

**Aggression**

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| **Read** | **Watch** | **Listen** |
| The Anatomy of Violence: The biological roots of crime – A. Raine | How Octopuses battle each other (TED talk) |  |
| Transmission of Aggression – Bandura (1961) | [Horizon, Season 45, Episode 18, Truth about Violence](https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C4044471) |  |
| Video games and aggression -The Psychologist Sept 1997 |  |  |
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**Schizophrenia**

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| **Read** | **Watch** | **Listen** |
| Me, Myself, and Them: A First-hand Account of One Young Person’s Experience with Schizophrenia | A Beautiful Mind (movie) | inside Schizophrenia (podcast) |
| The collected schizophrenias - Esmé Weijun Wang | What is schizophrenia (TED talk) |  |
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**Issues & Debates**

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| **Read** | **Watch** | **Listen** |
| Themes, Issues and Debates in psychology – Richard Gross | Project Nim (movie) |  |
| Mistakes Were Made (but Not by Me): Why We Justify Foolish Beliefs, Bad Decisions and Hurtful Acts | The Adjustment Bureau (movie) |  |
| Mapping the Mind - Rita Carter | 3 Identical Strangers – Channel 4 (documentary) |  |

**Wider reading record:**

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| **Read/Watch/Listen?** | **Date** | **Topic links** | **Title and Summary** |
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