



Southend High School for Girls

AN ACADEMY GRAMMAR SCHOOL

Southchurch Boulevard, Southend-on-Sea, SS2 4UZ
Headteacher: Mr J Carey MEd (Cantab), BA (Hons), LLE, NPQEL

Friday, 10th November 2023

Dear Parents, Carers and Students,

Please find below information and updates from this week.

Armistice Day

Today students joined an assembly led by Mr Carey which included a reading of the poem *For the Fallen* (Laurence Binyon, 1914) by Carrissa B our Head Student. Mr Stillman played the last post, which was followed by a two-minute silence at 11am. You can view the assembly [‘here’](#).

Every year it has been a tradition that the Head Student places a wreath on behalf of SHSG at the Cliffs Cenotaph. This year, our Head Student, Carrissa will be attending.

Sixth Form Open Evening

On Wednesday, we welcomed well over one thousand visitors to SHSG’s Sixth Form Open Evening!

We were delighted to be able to share our enthusiasm, passion, and ambition for SHSG. Miss Boyson, Mrs Neil, the student ambassadors (Daisy, Archie and Matthew) and I presented three times over to a hall at maximum capacity and standing room at the back each time. The feedback we have received about the open evening is excellent and, as always, visitors were full of praise for our students, who are the school’s greatest ambassadors. Well done and thank you to everyone involved.

Year 8: Prince Charming PSHE Performance

On Monday morning, Year 8 attended the ‘Prince Charming’ workshop about healthy relationships. Through the medium of theatre, alongside professional guidance, students explored the signs of an abusive or controlling relationship, what to do if this happens to them, and where they can get help and support.

The students were able to interact with the performers using ‘forum theatre’ and by doing so help the main character to navigate a safer path through a potentially damaging relationship. The issue of positive relationships is revisited from different angles within the key stage 3 and key stage 4 Life Skills curriculum.

The workshop is delivered by local theatre company *2handlers* and is an important component of our relationships and sex education programme for the lower school. We have run the workshop in previous years, and the feedback from students on Monday was once again overwhelmingly positive.

SHSG Quills 2022-2023

We would like to announce the students who have been awarded the SHSG Quills for 2022-2023. The quills are awarded each year to our most promising and talented creative writers and this year’s winners should all be very proud of their achievement. Mathi K, Alexa S, Nancy C and Yao-Yi S were all awarded their quills for the outstanding quality of the creative writing they have produced in their time at SHSG. Well done to them.



Year 12 guest lecture from the Freud Museum

On Thursday this week our Year 12 students had the pleasure of a guest lecture from the Freud Museum in London. The lecture was aimed at giving the students a greater insight into the theories of Sigmund Freud. The lecture provided information on Freud's life and the times, his key methods and ideas and a comparison to some of the other core psychological approaches that we study at A Level. It helped students to understand why we should still study Freud and his ideas, opening up plenty of opportunity for discussion and debate that we can bring back to lessons. This lecture was one of two delivered to us this year by the Freud Museum as students in Year 13 also had a guest lecture on Schizophrenia back in October. These lectures were able to take place thanks to Favor in Year 13 donating her Jack Petchey winnings to the department last academic year.



Blasian Showcase

Our first Blasian showcase of the year took place on Tuesday lunchtime. It was a real celebration of culture with dances, spoken word and a fashion show. It was fabulous to see students happy to share their culture with others. We look forward to the next one in the summer term!

Borough Cross Country

On Wednesday 8th November SHSG competed at Borough Cross Country. There were some outstanding performances throughout the afternoon. Year 7 and year 10/11 won their age groups and Year 8 and Year 9 were placed 2nd. Overall SHSG were named joint winners 2023. Well done to all involved!

National Schools Outdoor Open Championships- South

The SHSG ski team competed in their first school race of the year last weekend. The team performed really well receiving the trophy for 1st place girls' category, well done!

If you are interested in joining the school ski team, please email hayleyblake@myyahoo.com.



U13 Netball Team National Cups

On Friday 3rd November, the U13 netball team competed in the first round of the national cup against Woodlands. The team played well, winning 32-11. Well done to Jemima H for being named player of the match. The team will now progress to play Newhall in the next stage of the competition.

We would like to wish the best of luck to all the runners competing in the regional final at Southend High School for Boys on Saturday 11th November!

Year 10 - 13 Drama Mercury Theatre Trip

On Thursday 9th November, the Drama department took their long-awaited trip to the Mercury Theatre in Colchester to see the world-renowned performance company, Frantic Assembly, with their production of *Metamorphosis*, in a new version written by the acclaimed poet, Lemn Sissay. The GCSE Drama classes in year 10 and 11 and the A Level Theatre Studies classes in year 12 and 13 were in attendance. It was an incredible production, with outstanding set and lighting design, and mind-blowing physical choreography.

Francesca, a Year 11 student stated, "It was a wonderful opportunity to be able to travel with all the drama classes and watch the play 'Metamorphosis' at the Mercury Theatre. We were able to immerse ourselves in the wonders of the work of Frantic Assembly; the movement, the story, everything was out of this world! To quote the play: 'we worked hard and we came home exhausted.' " It was a truly enriching learning experience for the students, who were all exceptional ambassadors for the school, and an excellent time was had by all."

SHSG Cookbook!

The Technology department would like to celebrate the culture, cuisine, and heritage of our SHSG students and staff in the form of a cookbook. If you have a dish (sweet or savoury) that is a family favourite, please complete the form on the link below.

[CLICK HERE TO COMPLETE FORM](#)

The final recipes will be curated and represent a variety of dishes. Please note that it may not be possible to include all submissions. Recipes will be in the form of an e-book and will hopefully be emailed out to parents and carers at the end of the academic year.

To view the SHSG Cookbook for leavers that was published the last academic year, please click '[here](#)'.

Reminder – Year 13 Parents' Evening Thursday 23rd November

Year 13 parents will be able to make appointments for the parents' evening from Thursday 16th November at 6.30am. Appointment bookings will close to parents on Wednesday 23rd November at 6.30pm. Further information will follow next week in a letter to parents.

SHSG Parents' Association Winter Concert Raffles

The SHSG Parents' Association will be holding a raffle each evening of the Winter Concerts which are due to be held on Monday 4th and Tuesday 5th December.

First, second and third prizes are winter hampers provided by Year 7 students.

Tickets cost £2 each and can be purchased on ParentPay until Monday 4th December 2023. Once purchased tickets will automatically be entered into the relevant evening raffle. All donations support the school.

Do not worry if you miss the cut-off date; raffle tickets (and additional raffle prizes) will be available on the night.

Thank you for your continued support.

Well done to Muyassar in Year 7 for designing the poster (included at the end of this letter) for the Parents' Association to promote the raffle tickets.

SHSG Parents' Association volunteers

The Parents' Association play a crucial role in the school community in many ways, and we are always grateful for their work to support the school. For them to be able to run effectively, it is vital that they have the support from parents, and they are currently looking for more volunteers to join the team. If you can give some of your time to support them, please contact Mary Canet-Espi, Chair of the Parents' Association via email at shsgpachair@yahoo.com.

Careers newsletter

[Careers@SHSG newsletter \(padlet.com\)](#)

Green Careers Week

This week has been Green Careers week. Students had the opportunity to discover more about Green careers opportunities in their registration time. They discussed definitions of Green careers and using our online platform Unifrog they were able to explore possible study options and career routes. Students were given the opportunity to request specific job roles that they would like to discover more about. Interest was expressed in sustainable architecture, recycling projects and conservation and wildlife.

We would be delighted to hear from any parents or friends of the school who would be willing to give a short talk on any of these areas as part of either our careers registration programme or lunchtime lectures. Please email Ms Casson at vcasson@shsg.org if you feel you could support us with this. More information on Green Careers can be found here [Organisations 2023 - Green Careers Week](#).

Careers information

Ms Casson would like to share the various careers information/opportunities below.

Virtual insight sessions

From Speakers for Schools, some virtual insight sessions coming up in November for Green careers in construction, PR & public affairs, Law, CS and more. Click the following link for more information [South East Student Flyer \(canva.com\)](#)

Take your Legal Career to New Heights

Virtual Insight Evening Event with The University of Law! Thursday 16th November, from 5pm - 6:30pm.

Do you have an interest in studying law at university or are you considering a solicitor apprenticeship?

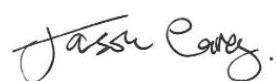
Virtual Insight Evening with The University of Law on Thursday 16th November, from 5pm – 6:30pm, where top law professionals will be sharing their experience of careers in the legal industry, as well as sharing their key tips on our panel discussion to give you a real insight into their world of work.

The breadth of industry knowledge and insight that will be shared throughout the evening will provide you with real clarity to help you decide on your future career path. There will also be Q&A opportunities throughout the evening so you can ask any burning questions you have, or simply find out more about the industry from the most experienced law professionals!

Application Link: <https://www.surveymonkey.co.uk/r/ULawInsightEvent>

Have a lovely weekend!

Yours faithfully,



Jason Carey
Headteacher

W i n t e r

HAMPER
raffles

SHSG PA
Winter Hamper prizes: 1st, 2nd and
3rd prize
Raffle tickets available now on
Parent Pay or from the Parents'
Association on the night
Tickets £2 each
Hamper winners drawn on the
night
Promoter: Mary Canet-Espi, SHSG
PA, SHSG, Southchurch Boulevard,
SS2 4UZ

