



*Southend High School for Girls*

# CLUBS

# AND

# ACTIVITIES

*Spring Term*  
*2024*



# PE

FEB – EASTER 2024	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE SCHOOL 7:50 – 8:25AM	ALL YEARS FITNESS (SMJ)	YEARS 9 & 10 HURDLES (LBL)	YEARS 7 & 8 BASKETBALL (TAL)	YEARS 7 & 8 HURDLES (TDA)	HURDLES INVITE ONLY (MKN)
	YEARS 8 & 9 BADMINTON				
BREAK TIME 11:05 – 11:20AM	BASKETBALL & NETBALL SHOOTING (TRAINERS MUST BE WORN)	BASKETBALL & NETBALL SHOOTING (TRAINERS MUST BE WORN)	BASKETBALL & NETBALL SHOOTING (TRAINERS MUST BE WORN)	BASKETBALL & NETBALL SHOOTING (TRAINERS MUST BE WORN)	BASKETBALL & NETBALL SHOOTING (TRAINERS MUST BE WORN)
LUNCH TIME 12:30 – 1PM  The Sports hall will be available for year 12/13 students to play basketball from 1:10–1:25PM every day (trainers must be worn)	TRACK—STARTS & SPRINTS (SMJ/ECH)	YEAR 7 & 8 HIGH JUMP (SMJ)	FOOTBALL (SMJ/ECH)	U14 BASKETBALL (TAL)	HIGH JUMP SPORTS HALL INVITE ONLY (TDA)
	FITNESS SUITE (PE CAPTAINS)	YEAR 9 & 10 SHOT PUT (TDA)	YEAR 9, 10 & 11 HIGH JUMP (TDA)	ATHLETICS PRE-SEASON S&C INVITE ONLY (TDA)	RUGBY (LBL)
		ALL YEARS TABLE TENNIS (LBL/TAL)	YEAR 7 & 8 SHOT PUT (LBL/TAL)		YEAR 9, 10 & 11 NETBALL (MKN)
	GCSE PE OPEN HOUSE (LBL)	A LEVEL OPEN HOUSE (ECH)			YEAR 12 & 13 FOOTBALL
AFTER SCHOOL 3:30 – 4:30PM	YEAR 7 & 8 NETBALL (TDA/LBL)	FIXTURES / STAFF TRAINING	YEAR 7 & 8 SQUAD NETBALL (TDA)	YEAR 7, 8 & 9 BASKETBALL (TAL)	
			YEAR 8, 9 & 10 NETBALL (LBL/ECH)		

When fixtures are scheduled, after school sessions may be cancelled. **You will be notified in advance.**

Any changes to the programme will be posted on your extra curricular Teams page.

If you are not on the extra curricular Teams page then you need to email Mrs Buscombe and Miss Dawkins to ask to be added.

# MUSIC

	TIME	ROOM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BEFORE SCHOOL</b>	<b>8:00 - 8:30AM</b>	<b>MU1</b> Music block	<b>STRING QUARTET</b>				
<b>LUNCH TIME</b>	<b>12:30 -1:15PM</b>	<b>MU2</b> Music block	<b>ORCHESTRA</b> CMP/E CO 12:30 – 1PM	<b>JAZZ BAND</b> PSL/CMP 12:30 – 1:15PM	<b>STRING GROUP</b> CMP 12:30 – 1PM	<b>WIND BAND</b> CMP/ECO 12:30 – 1PM	<b>FLUTE ENSEMBLE</b> AYO & KIYERA 12:30 – 1PM
		<b>MU1</b> Music block	<b>UKULELE CLUB</b> LILY 12:30 – 1PM	<b>CHAMBER CHOIR</b> RRY 12:30 – 1PM	<b>NOVEM CONSORT</b> RRY 12:30 – 1PM	<b>GUITAR CLUB</b> GLM 12:45 – 1:15PM	<b>SHSG CHOIR</b> ANGELA & CMP 12:30 – 1PM
		<b>MU2</b> Music block			<b>UKULELE CLUB</b> All year groups 12:55-1:20pm		
<b>AFTER SCHOOL</b>	<b>3:30–4:30AM</b>				<b>GRADES 1-8 THEORY</b> RRY		

**Green** ensembles are open to all.

**Blue** ensembles are for students who are **GRADE 4 or above** in their instrument.

**Purple** to attend these ensembles, you must play that instrument – all abilities welcome.

All other ensembles are by **invitation only**.

Please see a member of the Music Department staff if you are interested in joining any of these clubs, or if you would like to set up a club.

# LUNCHTIME CLUBS — MONDAY to FRIDAY

## 12:30—1:00pm (UNLESS OTHERWISE STATED)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ART C&amp;C</b> YEAR 10 <b>STUDIO 1</b> 12:45–1:15PM	<b>MATHS OPEN HOUSE</b> YEAR 12 & 13 <b>M4</b>	<b>CHEMISTRY</b> YEAR 11 <b>CH3</b> SUPPPORT	<b>GCSE ART</b> <b>INTERVENTION</b> <b>STUDIO 1</b> 12:40PM	<b>A LEVEL</b> <b>CHEMISTRY</b> YEAR 13 <b>CH3</b> EXAM TECHNIQUE
<b>COMPUTER SCIENCE</b> KS3 <b>IT1</b> PROGRAMMING CLUB	<b>CHEMISTRY OPEN HOUSE</b> <b>WEEK A &amp; B</b> ALL YEARS <b>CH3</b> 12:30–1:20PM	<b>BBC YOUNG REPORTERS CLUB</b> <b>MEDIA STUDIO</b>	<b>CS OPEN HOUSE</b> YEARS 10–13 <b>IT1</b>	<b>SOCIAL SCIENCE</b> <b>DEBATE CLUB</b> YEARS 9–13 <b>MH14</b> 12:40PM
<b>PLANET ACTION</b> <b>WEEK B</b> ALL YEARS <b>B3</b>	<b>SOCIAL SCIENCE</b> <b>MAGAZINE CLUB</b> YEARS 12 & 13 <b>MH12</b>		<b>BIOLOGY INTERVENTION</b> <b>WEEK A &amp; B</b> YEAR 11 <b>BIO3</b> INVITED STUDENTS ONLY	<b>DANCE CLUB</b> ALL YEARS <b>DRAMA STUDIO</b>
<b>STUDENT VOICE</b> <b>WEEK A</b> ALL YEAR GROUPS	<b>CHESS CLUB</b> ALL YEARS <b>B6</b> MR JAMES		<b>A LEVEL CHEMISTRY</b> <b>OPEN HOUSE</b> YEARS 12 & 13 <b>CH3</b>	<b>FILM CLUB</b> YEARS 7 & 8 <b>MEDIA STUDIO</b>
<b>MEDIA OPEN HOUSE</b> <b>WEEK B</b> <b>MEDIA STUDIO</b>	<b>CHESS CERTIFICATE CLUB</b> ALL YEARS <b>B6</b> MR GREENWOOD		<b>BIOLOGY</b> <b>OPEN HOUSE</b> YEARS 9 - 13 <b>BIO4</b>	<b>SOCIOLOGY OPEN HOUSE</b> <b>MH12</b> 12:40–1:15PM
<b>DRAMA CLUB</b> RUN BY YEAR 12 <b>DRAMA STUDIO</b> 12:25-1:10 PM	<b>HOUSE CAPTAINS MEETINGS</b> <b>WEEK B</b> <b>RM4</b> MRS LEMAN		<b>CLASSICS</b> <b>LATIN CLUB</b> ALL YEARS <b>ROOM 15</b>	<b>MAKE UP CLUB</b> YEAR 8 UPWARDS (UNTIL FEB HALF TERM)
	<b>ENGLISH</b> <b>DEBATE CLUB</b> KS3 ONLY <b>B5</b>		<b>ENGLISH</b> <b>CREATIVE WRITING</b> YEARS 7–10 <b>B6</b>	
			<b>SPANISH SUPPORT CLUB</b> YEARS 7 & 8 <b>ROOM 2</b>	
			<b>BRONZE ARTS AWARD</b> <b>WEEK A</b> <b>STUDIO 1</b> 12:45PM	
			<b>SILVER ARTS AWARD</b> <b>WEEK B</b> <b>STUDIO 1</b> 12:45PM	

# LUNCHTIME CLUBS — MONDAY to FRIDAY

12:30—1:00pm (UNLESS OTHERWISE STATED)

## DUKE OF EDINBURGH BRONZE TRAINING SESSIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DofE BRONZE TRAINING SESSIONS GROUPS 5,6,7 MRS HULME RM7	DofE BRONZE TRAINING SESSIONS GROUPS 15,16,17,18 MR SHIPTON RM6	DofE BRONZE TRAINING SESSIONS GROUPS 1, 2, 3, 4 MRS BRIERLEY QS3	DofE BRONZE TRAINING SESSIONS GROUPS 8, 9, 10 MISS DILLON PH2	
DofE BRONZE TRAINING SESSIONS GROUPS 11, 12, 14 MR PEUGNIEZ QS3 WEEK B ONLY		DofE BRONZE TRAINING SESSIONS GROUPS 19, 20, 21, 22 MR SMITH RM5	DofE BRONZE TRAINING SESSIONS GROUPS 11, 12, 14 MR PEUGNIEZ QS3 WEEK A ONLY	

# AFTER SCHOOL CLUBS — MONDAY to FRIDAY

3:30—4:30pm (UNLESS OTHERWISE STATED)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOMEWORK CLUB</b> ALL YEARS LIBRARY MRS ARNOLD	<b>HOMEWORK CLUB</b> ALL YEARS LIBRARY MRS ARNOLD	<b>HOMEWORK CLUB</b> ALL YEARS LIBRARY MRS ARNOLD	<b>HOMEWORK CLUB</b> ALL YEARS LIBRARY MRS ARNOLD	<b>HOMEWORK CLUB</b> ALL YEARS LIBRARY MRS ARNOLD
<b>BAKING CLUB</b> **WEEK B** MRS FRANCIS FOOD TECH ROOM 1	<b>ART</b> **WEEK A** <b>CERAMICS</b> KS3 & KS4 ART DEPARTMENT	<b>ROBOT CLUB</b> KEY STAGE 3 <b>PHYSICS DEPARTMENT</b> DETAILS TO FOLLOW		
	<b>ART</b> **WEEK B** <b>PHOTOGRAPHY</b> KS4 & KS5 ART DEPARTMENT			
	<b>BIOLOGY CLUB</b> YEAR 7 & 8 MRS CLARKSON HULL BIO3 3:30—4:15			