



*Southend High School for Girls*

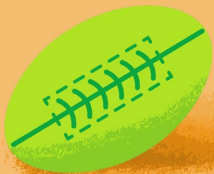
# CLUBS

# AND

# ACTIVITIES

*Summer Term*

2026



# PE

APRIL–MAY HALF TERM 2026	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BEFORE SCHOOL 7:50 – 8:25AM</b>	U15 TENNIS SQUAD (ECH)	SQUAD HURDLES (TDA)	U13 CRICKET (ECH)	HURDLES (MKN)	
<b>BREAK TIME 11:05 – 11:20AM</b>	BASKETBALL & NETBALL SHOOTING (TRAINERS MUST BE WORN)	BASKETBALL & NETBALL SHOOTING (TRAINERS MUST BE WORN)	BASKETBALL & NETBALL SHOOTING (TRAINERS MUST BE WORN)	BASKETBALL & NETBALL SHOOTING (TRAINERS MUST BE WORN)	BASKETBALL & NETBALL SHOOTING (TRAINERS MUST BE WORN)
<b>LUNCH TIME 12:30 – 1PM</b> The Sports hall will be available for year 12/13 students to play basketball from 1:10–1:25PM every day (trainers must be worn)	ATHLETICS THROWS (INVITE)	ALL YEARS TRACK TRAINING (SJM)	SQUAD HIGH JUMP (TDA)	ALL YEARS FITNESS FOR PERFORMANCE (TDA)	SQUAD HAMMER, DISCUS, SHOT YEARS 8, 9, 10 (TDA/MKN/LBL)
		A LEVEL OPEN HOUSE (ECH)	SQUAD LONG JUMP (TAL/MKN)	HIGH JUMP (SMJ)	ENDURANCE TRACK TRAINING (JW/ZM/CF)
	GCSE PE OPEN HOUSE (LBL)		A LEVEL OPEN HOUSE	GCSE MENTORS (IH-L/KT)	
<b>AFTER SCHOOL 3:30 – 4:30PM</b>	SQUAD LONG & TRIPLE JUMP	ATHLETICS JUMPS (OPEN)	ATHLETICS THROWS (OPEN)	HAMMER YEARS 8,9,10 (TDA)	

When fixtures are scheduled, after school sessions may be cancelled. **You will be notified in advance.** Any changes to the programme will be posted on your extra curricular Teams page. If you are not on the extra curricular Teams page then you need to email Mrs Buscombe and Miss Dawkins to ask to be added.

# MUSIC DEPARTMENT ENSEMBLES

	ROOM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BEFORE SCHOOL</b>	<b>MU1</b> Music block					
<b>LUNCH TIME</b>	<b>MU2</b> Music block	<b>KEYBOARD CLUB</b> Student-led 12:30 – 1PM	<b>SAXOPHONE CLUB</b> Selected Students Student-led 12:30 – 1:15PM	<b>BIG BAND</b> MHC 12:30 – 1PM	<b>UKELELE CLUB</b> Student-led 12:30 – 1PM	<b>GUITAR CLUB</b> GLM 12:30 – 1:00PM
	<b>MU1</b> Music block	<b>JACK PETCHEY REHERSALS</b> MHC 12:30 – 1PM	<b>SHSG CHOIR &amp; CHAMBER CHOIR</b> MHC 12:30 – 1PM		<b>NOVEM CONSORT</b> 12:30 – 1:15PM	<b>NO ORCHESTRA THIS HALF TERM</b>
	<b>OTHER</b>				<b>FLUTE ENSEMBLE</b> Charlotte/Madison 12:30 – 1:00PM	
<b>AFTER SCHOOL</b>	<b>MU1</b>					

**GREEN** ensembles are open to all.

**BLUE** ensembles are for students who are **GRADE 3 or above** in their instrument, but we will consider entry at lower grades on a case-by-case basis

To attend **PURPLE** ensembles – all abilities welcome, but you must play that instrument

All other ensembles are by audition / invitation only – please see a member of staff if you are interested in joining these clubs, or if you would like to set up a club

# LUNCHTIME CLUBS — MONDAY to FRIDAY

## 12:30—1:00pm (UNLESS OTHERWISE STATED)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>PLANET ACTION</b> ALL YEARS 12:30–12:50PM B3 WEEK B FIRST MONDAY OF THE MONTH MRS SPILSTEAD</p>	<p><b>CHEMISTRY OPEN HOUSE</b> ALL YEARS 12:25-13:15PM CH3 WEEK A &amp; B MRS AYLEN</p>	<p><b>DEBATING SOCIETY</b> ALL YEARS 12:40–1:15PM ROOM B5 &amp; B6 WEEKS A &amp; B MRS HAYWOOD</p>	<p><b>SPANISH MENTOR CLUB</b> YEARS 7 &amp; 8 12:30-12:55PM ROOM 2 WEEKS A &amp; B MS VALE</p>	<p><b>YEAR 12 &amp; 13 EXAM TECHNIQUE CHEMISTRY SUPPORT</b> 12:25-12:55PM CH3 WEEK A &amp; B MRS AYLEN</p>
<p><b>YEAR 7 ART CLUB</b> 12:30-1:10PM ART STUDIO 2 WEEKS A &amp; B MISS TREVENA</p>	<p><b>YEARS 8 &amp; 9 ART CLUB</b> 12:30–1:10PM ART STUDIO 2 WEEKS A &amp; B MISS TREVENA</p>	<p><b>BBC YOUNG REPORTERS CLUB</b> YEARS 7–13 12:30–1:10PM MEDIA STUDIO WEEKS A &amp; B MRS CASSON</p>	<p><b>IRIS</b> ALL YEARS 12:25–13:00PM ROOM IT2 WEEKS A &amp; B MRS AYLEN</p>	<p><b>DANCE CLUB</b> KS3 12:30-1:05PM DR1 WEEK A &amp; B MRS PAGE</p>
<p><b>YEAR 13 EXAM TECHNIQUE CHEMISTRY SUPPORT</b> 12:25-12:55PM CH3 WEEK A &amp; B MRS AYLEN</p>	<p><b>LAW SOCIETY</b> YEAR 10 WEEK A YEAR 12 WEEK B 12:30–1:00PM ROOM 18 MS LAIRD &amp; MR O'BRIEN</p>	<p><b>YEAR 11 REVISION CHEMISTRY SUPPORT</b> 12:25-12:55PM CH3 WEEKS A &amp; B MRS AYLEN</p>	<p><b>LATIN CLUB</b> YEAR 10 - 13 12:30-1:00PM ROOM 15 WEEK A &amp; B MRS BRIDDOCK</p>	<p><b>CHRISTIAN UNION</b> ALL YEARS 12:30-1:15PM ROOM 18 WEEK A &amp; B MR CANNON</p>
<p><b>KS3 CODING CLUB/OPEN HOUSE</b> YEARS 7 8 &amp; 9 12:30-1:15PM IT1 WEEK A &amp; B MR HIGHMORE</p>	<p><b>GOSPEL CHOIR</b> 12:30-13:15PM DRAMA &amp; ROOM 18 WEEK A &amp; B MR JAMES</p>	<p><b>OXBRIDGE/HIPPOCRATES CLUB</b> Y12 12:30-1:00PM ROOM 9 WEEK A &amp; B MS BOYSON &amp; MR PRIOR</p>	<p><b>KS4/5 COMPUTER SCIENCE OPEN HOUSE</b> YEARS 10 11 12 &amp; 13 12:30-1:15PM IT1 WEEK A &amp; B MR HIGHMORE</p>	
<p><b>CREATIVE WRITING CLUB</b> YEARS 7-9 12:30-13:15PM B6 WEEK A &amp; B STUDENT LED</p>	<p><b>PSYCHOLOGY OPEN HOUSE</b> ANY GCSE STUDENT SEEKING SUPPORT 12:30-1:00PM ROOM 11 WEEK A MISS RYAN</p>	<p><b>PSYCHOLOGY OPEN HOUSE</b> ANY A LEVEL STUDENT SEEKING SUPPORT 12:30-1:00PM MH14 WEEK A &amp; B MS FELLOWS &amp; MS DUNLOP-LEHANE</p>	<p><b>DT CLUB</b> YEARS 7 &amp; 8 12:30-1:15PM WORKSHOP WEEK A &amp; B MR CANNON</p>	
<p><b>SOCIOLOGY OPEN HOUSE</b> YEAR 12 &amp; 13 12:40-1:10PM MH12 WEEK A MRS MIDWINTER</p>		<p><b>CHESS CLUB</b> 12:30-1:15PM B8 WEEK A &amp; B MR WONG</p>	<p><b>YEAR 7 DRAMA CLUB</b> 12:30-1:05PM DR1 WEEK A MRS PAGE</p>	

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
		<b>KS3 SCIENCE CLUB</b> <b>YEARS 7–9</b> 12:30-1:00PM <b>TBA</b> WEEK A & B SCIENCE STAFF	<b>YEAR 8 &amp; 9 DRAMA CLUB</b> 12:30-1:05PM <b>DR1</b> WEEK B MRS PAGE	
		<b>ARTS AWARD DRAMA</b> 12:30-1:05PM <b>DR1</b> WEEK A & B MRS PAGE		

# AFTER SCHOOL CLUBS — MONDAY to FRIDAY

3:30—4:30pm (UNLESS OTHERWISE STATED)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOMEWORK CLUB</b> <b>ALL YEARS</b> <b>LIBRARY</b> MRS ARNOLD	<b>HOMEWORK CLUB</b> <b>ALL YEARS</b> <b>LIBRARY</b> MRS ARNOLD	<b>HOMEWORK CLUB</b> <b>ALL YEARS</b> <b>LIBRARY</b> MRS ARNOLD	<b>HOMEWORK CLUB</b> <b>ALL YEARS</b> <b>LIBRARY</b> MRS ARNOLD	<b>HOMEWORK CLUB</b> <b>ALL YEARS</b> <b>LIBRARY</b> MRS ARNOLD
	<b>CERAMICS</b> <b>ALL YEARS</b> 3:30-4:30PM <b>STUDIO 2</b> WEEK A & B	<b>DUNGEONS &amp; DRAGONS</b> YEARS 9–13 <b>LIBRARY 3:30–5:30PM</b> <b>WEEK A &amp; B</b> MR CLARKSON-HULL		<b>DUNGEONS &amp; DRAGONS</b> YEARS 9–13 <b>LIBRARY 3:30–5:30PM</b> <b>WEEK A &amp; B</b> STUDENT LED
	<b>ROBOTICS CLUB</b> <b>ALL YEARS</b> 3:30-4:30PM <b>PH2</b> WEEKS A & B MS DILLON			
	<b>BAKING CLUB</b> <b>YEARS 7–13</b> 3:30–5:00PM <b>FOOD TECH ROOM</b> FIRST TUESDAY OF EVERY MONTH			