



### **Early Help and the Local Offer**

Southend High School for Girls is committed to promoting the wellbeing and safety of all children and their families.

#### ***What support is available?***

##### **Day to Day Pastoral Support**

All children and families in our school community are supported by Senior Leaders, Heads of Year and Pastoral Support Officers with expertise in safeguarding and pastoral issues. The pastoral team will work with children and their families to identify wellbeing concerns and put in place supportive measures in school to help.

All children and families can access a wide range of advice, support and resources via the 'Mental health and Wellbeing' page on the school's website, which is regularly signposted in our communications home.

##### **Early Help**

Early Help means providing support and interventions for children and their families as soon as difficulties start to emerge, or where there is a likelihood that problems will develop in the future that will negatively impact on outcomes for children.

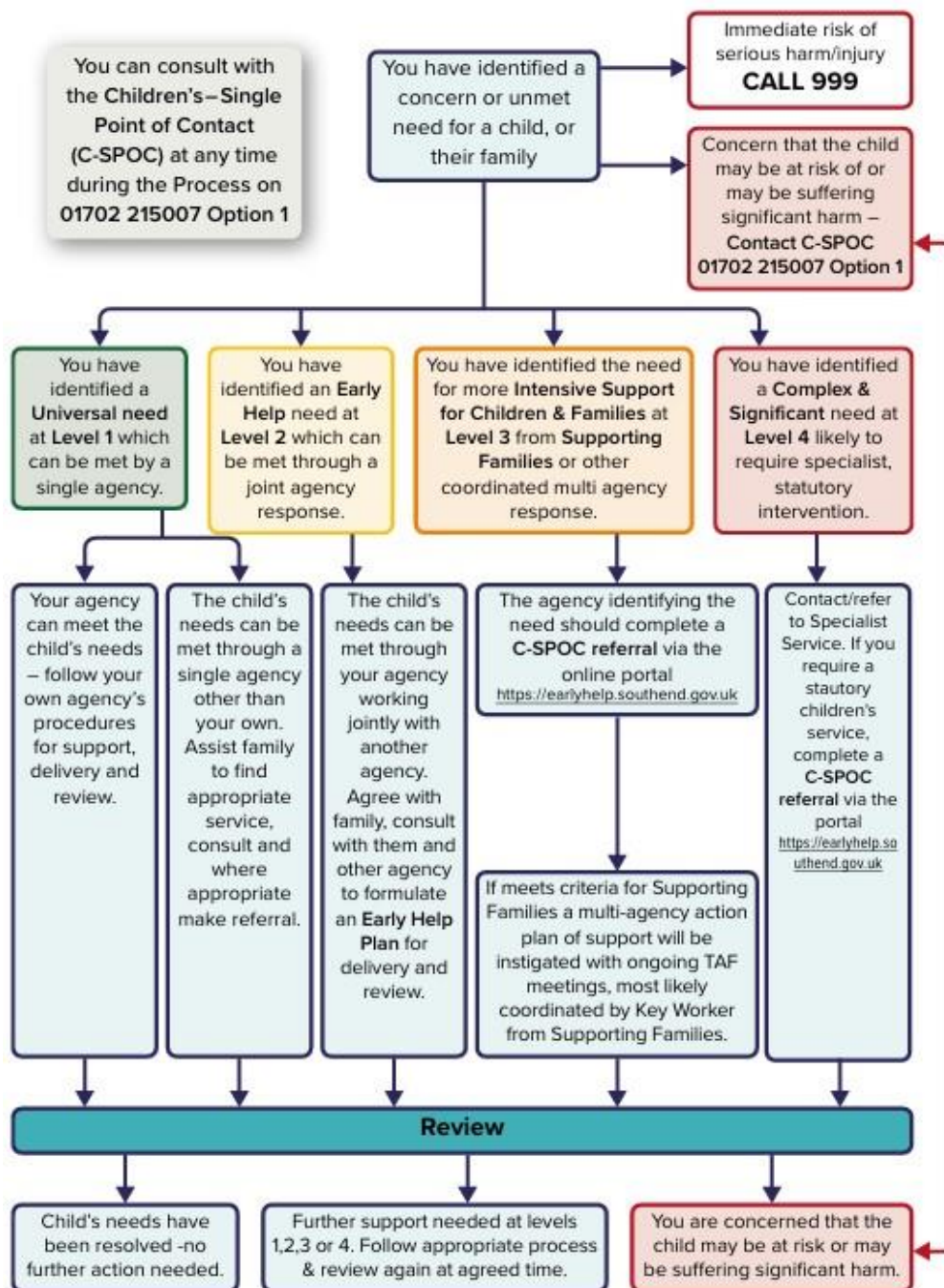
Many interventions or support services are universally available to all children and their families through school, the NHS or in the local community, for example clubs and activities or the school nursing service. For most children and families, most of the time, there will not be a need for help or support beyond this.

Where the needs and circumstances of the child/ren and family are complex or require more specialist support that can be provided in a universal setting such as school, a coordinated multi-agency approach will be adopted. Pastoral staff will work with children and their families to signpost them to external agencies or make direct referrals for support, including to the Local Authority Early Help or Children's Social Care teams.

Pastoral staff will lead, or contribute to, Early Help Plans and/or 'Team Around the Family' meetings, working in partnership with other professionals to put in place appropriate actions. They will also continue to work closely with the child/ren and their family to coordinate services and ensure they receive the holistic support they need.

##### **Early Help Local Offer**

Southend City Council have published guidance about their Early Help offer for all professionals working with children and families across the City. The school follows the guidance for referral thresholds as set out in Right Help, Right Service, Right Time (March 2025) to assess, identify, and put in place, appropriate support:



Source: RHRSRT March 2025

## Further information

Right Help, Right Service, Right Time (March 2025), Southend City Council: [Southend Childrens Services Threshold Guidance \(SSP\) – Right Help, Right Service, Right Time – Making Childrens Lives better | Safeguarding Southend Partnership.](#)

Southend Directory of Services: [Children, Young People and Families – Livewell Southend](#)