



# Southend High School for Girls

AN ACADEMY GRAMMAR SCHOOL

Southchurch Boulevard, Southend-on-Sea, SS2 4UZ

Headteacher: Mr J Carey MEd (Cantab), BA (Hons), LLE, NPQEL

Friday, 13<sup>th</sup> March 2026

Dear Parents, Carers and Students,

## ***Celebration Assemblies***

This week, we were delighted to begin our series of Celebration Assemblies, starting with Year 13. These assemblies offer us a valuable opportunity to reflect and recognise the many achievements—both big and small—that our students have earned through hard work, dedication and positive contributions to our school community. During each assembly, students received:

- Achievement Point Certificates
- Bronze, Silver, Gold or Diamond blazer badges, awarded in recognition of sustained commitment, excellence and contribution to school life
- Individual Shout-Outs, celebrating personal successes, acts of kindness, leadership, progress and resilience
- 100% Attendance Awards, acknowledging those students who have shown exceptional consistency and responsibility throughout the term

Our Celebration Assemblies are an important part of SHSG life, reinforcing our commitment to ensuring that every student feels a deep sense of belonging, is encouraged to thrive, and empowered to be successful in every aspect of their SHSG journey. These assemblies recognise not only academic accomplishment, but also character, contribution and personal growth. We look forward to continuing these celebrations with each year group over the coming weeks and sharing in the pride our students bring to their achievements every day.

## ***The Talent Show Continues: Final Performances***

This Friday marked the second half of our two-part Talent Show, bringing this year's celebration of performance to a brilliant close. Building on the excitement of last Friday, today's event once again delivered excellence, creativity, and outstanding entertainment from our students. The audience enjoyed a fantastic mix of acts, including dance, song, and a special performance from our House Captains, whose enthusiasm and hard work were enjoyed by all. Every performer brought confidence and energy to the stage, making today's event just as memorable and uplifting as last week's showcase.

A huge congratulations to all students who took part across both events. Your talent and dedication have made Charity Week 2026 truly exceptional. Thank you also to our brilliant House Captains for their leadership and commitment throughout the week. Winners from all events, along with the grand fundraising total for charity, will be announced during upcoming House assemblies. Well done to every participant for helping to create such a vibrant and inspiring week.

## ***Parents' Association 200 Club***

Attached to this newsletter is information about the SHSG Parents' Association 200 Club - a fantastic way to support our school while also having the chance to win cash prizes. The funds raised by the 200 Club directly benefit our students by contributing to valuable resources and projects across the school. We warmly encourage families to take a look at the details and consider joining to help us continue enhancing opportunities for all our students.



### **Year 11 and 13 NEA and coursework information**

Students and parents will shortly receive important information about our NEA and coursework procedures. We strongly encourage all families to take a few moments to read through this guidance so that everyone is fully informed about the reviews processes.

### **Year 9 Options**

Following a comprehensive programme of activities to support Year 9 students in choosing their GCSE subjects, including subject presentations, assemblies, the Options Evening and Subject Fair, and last week's Parents' Evening, today marks the deadline for submitting GCSE choices.

We will now begin constructing the option blocks based on the selections received. If any subjects are oversubscribed, we will work closely with students over the coming weeks to review their reserve choices and ensure that each young person is guided onto a balanced and appropriate programme of study.

Thank you to all families for engaging so thoughtfully with this process and for supporting your child in making these important decisions. Your involvement makes a significant difference.

### **PE Fixtures for Week beginning Monday 16<sup>th</sup> March**

These fixtures may be subject to change, and all details are posted on the respective PE extra-curricular Microsoft Teams page. If your child has not been added to their year group page, and needs to be, please ask them to speak to member of the PE department. Thank you.

- Monday 16<sup>th</sup> March: Year 9 and U16 Borough Netball tournament
- Tuesday 17<sup>th</sup> March: U13 Football away v Cecil Jones
- Wednesday 18<sup>th</sup> March: Sports Leaders at Garons for Primary Essex Sports Hall athletics
- Wednesday 18<sup>th</sup> March: U15 Basketball away v St. Bernard's
- Thursday 19<sup>th</sup> March: U19 Netball Essex cup semi-final v USP TBC
- Friday 20<sup>th</sup> March: Essex cup Netball finals, qualification dependent

Please be aware that for safeguarding reasons we cannot accommodate spectators on site for matches. Many schools apply this policy so please check with the opposing school directly.

### **Year 8 Football Success**



Our Year 8 football team has secured an impressive place in the **last 16** of the ESFA National Cup.

On Wednesday, the girls delivered a fantastic 7–0 win against Pix Brook Academy, with six different players finding the net: **Lucy R, Katie W (2), Ruby H, Clara B, Sienna A, and Maya S.**

It was a brilliant all-round team performance, showcasing not only their footballing skill but also their teamwork, determination, and superb attitude. They are a real credit to the school—well done, girls! Bring on the next round!

### **Mental Health & Wellbeing at SHSG**

At SHSG, we often talk about how to look after our health in lessons and in tutor time. If you need support or information about how to cope with your emotions, you can visit the school website and look at [Mental Health & Wellbeing - Southend High School for Girls \(shsg.org\)](https://www.shsg.org).

There, you will find some articles, videos and useful links. The school has also put together a Padlet for Lower and Middle school and one for Sixth Form for you to browse. Please find the links below:

[Lower and Middle school SHSG Mental Health Board \(padlet.com\)](#)

[SHSG Mental Health Board \(padlet.com\)](#)

**Key Dates**

The calendar on our website is regularly updated and contains key dates of activities and events that are taking place in school. A full list can be found [here](#). Wishing you a restful weekend!

Yours faithfully,

A handwritten signature in black ink that reads "Jason Carey". The signature is written in a cursive style with a large initial 'J' and a long, sweeping underline.

Jason Carey  
Headteacher